This mixed media sculpture represents the power of human belief. Most of my research for this project was surrounding the philosophy behind beliefs and religion; additionally, I was inspired by the idea of these abstract concepts taking a physical form. A theory I came across in my research that really stuck with me was that idea that most of the thoughts that pop into our heads in a day are the same thoughts as the day before. The different types of netting around my head are meant to represent that, like webs where our thoughts end up comfortably trapped.

I think this tendency can be something that really solidifies and prevents us from learning as we grow older, though hopefully new ideas can hatch through every once and a while and change our perspectives. Beliefs are inherently natural in the way that they exist within us whether or not we choose to pursue or acknowledge them, and they are something that make us similar even when we don't share the same ones. I invite you to consider that today and in the future when you find yourself constrained by repetitive thoughts.

PERFECT SANDWICH
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